



Haringey Council

Report for:	Cabinet 16 June 2015	Item Number:	
--------------------	-----------------------------	---------------------	--

Title:	Cabinet response to the Adults and Health Scrutiny Panel Project report: Transition from Child Mental Health Services to Adult Mental Health Services.
---------------	---

Report Authorised by:	Charlotte Pomery, Assistant Director of Commissioning
------------------------------	--

Lead Officer:	Catherine Swaile, Joint Children's Commissioner, Haringey Council and Haringey Clinical Commissioning Group
----------------------	--

Ward(s) affected: Various	Report for Key/Non Key Decisions: Key
--	--

1. Describe the issue under consideration

- 1.1 This report sets out the proposed Cabinet response (attached as Appendix 1 to this report) to the recommendations of the Adult and Health Scrutiny Panel Project on Transition from Child Mental Health Services to Adult Mental Health Services (attached as Appendix 2 to this report), which was carried out during the winter of 2014/2015.

2. Cabinet Member introduction

- 2.1 Improving outcomes for children and young people with poor mental health and wellbeing will make a difference to their lives, and to the lives of their parents, carers, family, friends and wider community. If together we can effectively support children and young people, they are less likely to need adult mental health services and more likely to enjoy a higher quality of life into adulthood.
- 2.2 The transition into adult mental health services has been recognised as a key point of strain for some young people, and the recommendations in this report seek to ensure

that services are appropriately in place for all young people in the borough. This Cabinet paper commits the Council and the Clinical Commissioning Group to consider the recommendations of the report fully and to embed the response into the review of Child and Adolescent Mental Health Services in Haringey which is currently underway and due to report over the summer of this year.

3. Recommendations

3.1 Members are asked:

3.1.1. To consider the Scrutiny Report on Transition from Child Mental Health Services to Adult Mental Health Services (attached as Appendix 2);

3.1.2 To agree the responses to the Scrutiny Report recommendations (attached as Appendix 1)

4. Alternative options considered

4.1 The Adult and Health Scrutiny Panel Project on Transition from Child Mental Health Services to Adult Mental Health Services explored a number of views from a range of stakeholders in collating the information from which to draw up its report. There has been an inclusive process across partners, including the Barnet, Enfield and Haringey Mental Health Trust, the Haringey Clinical Commissioning Group and the Council to draft the responses to the recommendations.

5. Background information

5.1 The Adult and Health Scrutiny Panel Project on Transition from Child Mental Health Services to Adult Mental Health Services was carried out during the winter of 2014/2015 in order to make recommendations to improve the transition pathway and experience for young people. The review report and recommendations have now been published and the Council and the Clinical Commissioning Group, with Barnet, Enfield and Haringey Mental Health Trust have produced the draft response attached at Appendix 1.

6. Comments of the Chief Finance Officer and financial implications

6.1 The budgets related to transition form part of the core business of Haringey Council, the Clinical Commissioning Group, and the Barnet, Enfield and Haringey Mental Health Trust. There are no particular financial implications of this report but if issues emerge as the local transformation plan develops it is assumed that these will either be cost neutral or absorbed within existing budgets.

7. Comments of the Assistant Director of Corporate Governance and legal implications

7.1 The Assistant Director Corporate Governance has been consulted on the contents of this report.

7.2 The legal context to transition planning for children to adult services has been dealt with in the Project Report. The recommendations arising from the Project Report are within the terms of reference of Adults and Health Scrutiny Review Panel.

- 7.3 Under Section 9F Local Government Act 2000 (“LGA”), Overview and Scrutiny Committee have the powers to review or scrutinise decisions made or other action taken in connection with the discharge of any of Cabinet’s functions and to make reports or recommendations to Cabinet with respect to the discharge of those functions. Overview and Scrutiny also have the powers to make reports or recommendations to Cabinet on matters which affect the Council’s area or the inhabitants of its area. The Constitution provides that the Scrutiny Review Panels must refer their findings/recommendations in the form of a written report to the Overview and Scrutiny Committee for approval and afterwards, final reports and recommendations will be presented to the next available Cabinet meeting together with an officer report where appropriate.
- 7.4 Under Section 9FE of the LGA, there is a duty on Cabinet to consider and respond to the recommendations indicating what if any action Cabinet proposes to take and to publish its response.

8. Equalities and Community Cohesion Comments

- 8.1 Nationally, 50% of children and young people who experience poor mental health and wellbeing go on to suffer from mental ill-health during adulthood, with poor outcomes across many areas of their lives. This report seeks to ensure that support for children and young people as they enter adulthood is appropriate and meets their needs, partly to avoid the need for further care and support as they become older and partly to ensure that they enjoy a high quality of life and are able to achieve their potential.

9. Head of Procurement Comments

- 9.1 The Report does not have any identified Procurement activities within it. Any Procurement that needs to be undertaken to meet the objectives set out within the Report will be dealt with on an individual basis under normal procurement practice.

10. Policy Implication

- 10.1 There are no policy implications arising directly from the report.

11. Reasons for Decision

- 11.1 Cabinet is asked to comment on the recommendations of the Adult and Health Scrutiny Panel Project on Transition from Child Mental Health Services to Adult Mental Health Services in order to ensure that the review report is fully considered within the context of the Council and partners’ existing work to improve mental health and wellbeing outcomes for children and young people in Haringey.

12. Use of Appendices

- 12.1 Appendix 1 contains the detailed response to the Adult and Health Scrutiny Panel Project on Transition from Child Mental Health Services to Adult Mental Health Services.

13. Local Government (Access to Information) Act 1985

- 13.1 N/A

Transition from Child Mental Health Services to Adult Mental Health Services – Conclusions and Recommendations of Adults and Health Scrutiny Panel Project Report, draft responses to Recommendations

Overall comments on the report			
Recommendation	Draft response (Agreed/ Not Agreed/Partially Agreed)	Who and When	
<p>NHS Haringey Clinical Commissioning Group (CCG) and the Council (LBH) welcome this report as a positive contribution to addressing the issue of transition from child to adult mental health services. It outlines a number of key areas for further work and exploration and some tangible recommendations for how to do this.</p> <p>The CCG and Haringey Council are currently in the process of reviewing all child and adolescent mental health services. This work fits within the context of the national taskforce on CAMHS and the local development of a Haringey Mental Health and Wellbeing Framework. It will provide a stock-take of current provision and support the development of a local transformation plan to ensure improved access and high quality evidence based provision. Work is currently going on with stakeholders to map and evaluate services and to develop a sustainable model for the future. The outcomes from this Scrutiny Panel Report are extremely timely and will feed into this work.</p>			
1	<p>In view of the absence of a shared electronic client record system across mental health and social care, the panel recommends that a clear process for information sharing across agencies is developed.</p>	<p>Agreed.</p> <p>We recognise that solutions to these interface issues need to be considered in order to assist integrated care planning. This is a challenge not unique to mental health services and one which forms a plank of work within the Health and Care Integration Programme.</p>	<p>In order to define the parameters of the information required we will ensure this is on the agenda for the workshop outlined in recommendation 4c.</p> <p>We will discuss what information is required and the process by which that is shared to ensure timely notification of children</p>

			<p>that are likely to require support post 18 and joined-up planning.</p> <p>Any IT or process issues not specific to CAMHS will be taken forward by the Health and Care Integration Board as part of its work on systems Integration</p>
2	<p>The panel recommends that a piece of work is undertaken to look at what data is available, and is required, across health and social care agencies. This could be used to analyse trends, understand why young people drop out of services, and to identify the most appropriate ways to support discharge planning. This information could help tailor the help offer to prevent escalation of need and re-entry at a later point.</p>	<p>Agreed.</p> <p>We believe we need to:</p> <ul style="list-style-type: none"> • Establish what data is currently available across various agencies around young people transitioning from CAMHS • Establish what data is required around transition to enable the planning and commissioning of services • Begin to gather and report this information so that it can be used as outlined. 	<p>As part of the multi-agency workshop outlined in recommendation 4C we will identify what data is currently held that will support this work and what the gaps are within the system in terms of data.</p> <p>Robust data will need to be gathered as part of the 'Heads Up for Haringey Pilot' to support our understanding of the transition pathway. We can then establish what data is required on an ongoing basis</p>

			and commissioners will work with relevant providers to implement.
3	The panel recommends that a coordinating and overseeing role is identified at the commissioning and operational level to ensure that no young people fall through the gap due to their housing needs and situation and to prevent young people from becoming homeless.	<p>Partially Agreed.</p> <p>The coordinating and overseeing role for children and young people leaving care is fulfilled by the Young Adult Service. However we recognise the need for local mental health services to support those returning to Borough through effective transfers of care from other mental health services that have been providing care to the young person while they were out of Borough. Homelessness or unsettled accommodation should not be a barrier to accessing mental health support.</p>	<p>LBH Young Adult's Service to provide coordination for care leavers and link with mental health providers to address any issues around individual young people.</p> <p>LBH to ensure the youth strategy and the mental health framework implementation groups map and address any broader links between mental health problems and homelessness.</p> <p>LBH & CCG Commissioners to ensure contractual mechanisms are in place to support seamless access to mental health services for this group- September 2015</p>

4	<p>(a) The “Heads up for Haringey” model should be adopted for young people in Haringey on a partnership basis. In the first instance this should be on a pilot basis working with young people. This pilot could then be built on and expanded taking into account lessons learnt and feedback from young people and their parents and carers. (Dr Nick Barnes, BEH Mental Health NHS Trust, has offered to oversee this)</p> <p>(b) A scoping exercise should be completed by CAMHS providers to understand the number of children and young people approaching transition.</p> <p>(c) A multi-agency workshop should examine how the pilot would be resourced, implemented and evaluated.</p> <p>(d) Intelligence from the pilot should be used to inform future commissioning intentions and service developments.</p>	<p>Agreed.</p> <p>We will complete a scoping exercise to look at developing a transition model for young people in Haringey. This will need to be completed as a pilot initially to gather information on the transition pathway. This will need to be a multi-agency piece of work and we have already had interest expressed by BEH and Tavistock and Portman to be involved.</p>	<p>LBH/CCG Commissioners to organise a multi-agency workshop to examine pilot development by July 2015. The outcomes from this workshop will inform the CAMHS Review and can be included in the local transformation plan. Timescales will be determined at that point.</p> <p>BEH to support the development of this pilot.</p>
5	<p>The panel recommends that a “Heads up for Haringey” guide be developed and presented to young people as they are referred to this mental health service. This guide should be developed with input from young people and</p>	<p>Agreed.</p> <p>We will look at improving information for families accessing CAMHS or seeking to access CAMHS. The format for this should be determined through work with young people.</p>	<p>The CAMHS Review will look at how this can be developed and whether a similar resource is required for</p>

	<p>carers and include:</p> <ul style="list-style-type: none"> - Information on local services which may be accessible to the young person - Referral forms - Pages for useful information which the young person can add to - Information on useful websites and Apps 		<p>professionals/referrers. This will then form part of the local transformation plan.</p>
6	<p>The panel recommends that there is a multi-disciplinary and multi-agency meeting a minimum of once per month to discuss the cases of young people who are due to move across into the Heads up for Haringey service and those who are in the new Heads up for Haringey service to ensure the needs of young people are being met.</p>	<p>Partially agreed. Whilst we agree that regular multi-agency case discussion meetings would be useful, we would like to review this in the context of other transition planning arrangements and allow the frequency to be determined by need. The CAMHS Transition process needs to be considered within the wider 0-25 offer agenda and as far as possible the processes need to dovetail.</p>	<p>The existing transition panel will be reviewed to see if this is an appropriate forum or if this work can be learnt from. Transition planning arrangements will be taken forward as part of the pilot development. LBH/CCG</p>
7	<p>The panel recommends that consideration is given to the merit of placing an adult trained mental health social worker in the young adult service and a social worker with child mental health experience in the adult mental health team.</p>	<p>Agreed. We recognise the benefits of working across children and adult services. We will look at this recommendation in the broader context of solutions for closer working between CAMHS, adult mental health services and social care. We would like to consider this option amongst other opportunities for working across services which may include joint training/joint case planning etc.</p>	<p>BEH, LBH and the CCG to consider and take forward</p>



Haringey Council



Haringey Council